



WAYS TO AVOID UNNECESSARY IDLING

- Turn off your engine if you're waiting for longer than 10 seconds (except in traffic). Contrary to popular belief, restarting your car does not burn more fuel than leaving it idling. In fact, idling for just 10 seconds wastes more fuel than restarting the engine.
- Warm up your engine by driving your car, not by idling. The best way to warm the engine is by easing into your drive and avoiding excessive engine revving. After just a few seconds, your vehicle is safe to drive. The vehicle's engine warms twice as quickly when driven. Manufacturer guidelines should be observed to protect the turbo at warm up.
- Warm up the inside of your vehicle by driving, not idling. Sitting in an idling car means you are breathing in more of the dirty exhaust that leaks into the car cabin. Any warmth you may get from a car heater is not worth the damage to your health.
- Idling is harder on the engine than restarting. Frequent restarting causes only about €10 worth of wear-and-tear per year, whereas idling leaves fuel residues that damage engine components and cause higher maintenance costs over time.
- Two minutes of idling uses the same amount of fuel as 1.6 km of driving.

Stopping unnecessary idling will benefit the environment and save energy



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Engine idling wastes fuel and gets you nowhere

TURN IT OFF!



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